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# Editorial

## Journal of Orthopaedics- New Horizons...

Welcome to the Journal of Orthopaedics and Rehabilitation (JOR). As the Founder-Editor-in-Chief, I have the honour and privilege to introduce this new initiative to the Orthopaedic and Rehabilitation Community.

JOR is created to offer a platform for publication of unbiased research work and also balance it with practically relevant articles. It's true; the Evidence Based Medicine has grown into a big force and has become the all seeing eye of the scientific world. Yet Practise Based Medicine is our heritage and has guided and moulded the practice of medicine in India for eons. We at JOR aim to balance the Evidence and the Experience. Sections like reviews and original articles will provide the Evidence Based knowledge while the sections like technical notes, case reports, and expert commentary will provide a platform for Practise Based Medicine. The reviews in the first issue range from a systematic review to a limited review and a recent update. All these formats can be used by future authors to submit their works to JOR. The original article section in this issue contains randomised control trial, prospective study, cohort studies, cross-sectional study, retrospective studies and case series. As the representative volume this issue was aimed to cover examples of all relevant and common study designs. The technical note section contains articles providing practical tips and pearls on performing a particular procedure. This section is build with the junior surgeons and clinicians in mind who I believe will immensely benefit from the practical tips and pearls provided by the senior authors in a simple format without reading complex statistical data. A Section on expert commentary has been included as the major cornerstone of Practice Based Medicine, where the senior authors will put across their philosophy of dealing with a particular topic. This again follows a simple essay format and stresses on the points that in authors experience are most important. Case reports are like drops in ocean of literature and few drops when enclosed in a good review of literature become like precious pearls. We will encourage our authors to reports all unusual cases, both common and uncommon, but with a good review of current literature. This will not only help the reader understand the importance of the individual case presented but also update him of the current literature on the topic.

Technology is growing in leaps and bounds and so are its application to all the fields including Orthopaedics and Rehabilitation. These advances have however, very rarely, found a place in the regular medical journal. These are generally published in engineering or technological journals, thus leaving the normal clinicians unaware of them. A special section on technological advances has been added to JOR to provide platform for publications of such articles. The article on the use of mobile phones to measure knee range of motion and other article on application of virtual computer generated analysis are landmark articles and I hope they are read and appreciated by all.

In all we have attempted to balance both Evidence Based Medicine and Practice Based Medicine and it is upto our readers to make us aware of our shortcomings and to encourage us. Currently JOR is scheduled to be published twice a year, with a possibility of increase in number of volumes, subject to number of submission. It will be an open access Journal available online to everyone and I hope the orthopaedic and rehabilitation community will embrace it wholeheartedly making it a premier Journal in very near future.

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I would like to admit that the birth pangs were beyond anything I imagined and a firsthand experience of it was like ropewalking, balancing both exhaustive work and immense satisfaction. I would like to thank all the individuals who made this possible. This includes volunteers who helped in proof reading the articles, publisher in creating the artwork, co-editors in setting journal guidelines, and above all the peer reviewers. Even with extensive vision and revisions, I am sure this first issue contains its share of errors and we would like to have our readers point us our mistakes. The willingness of both the internal and external peer reviewers to review the articles for first issue was very encouraging. I would like to invite all interested individuals wishing to joins us in capacity of reviewer to send me an email (editor.jor@gmail.com). From next issue we will be publishing the name of the reviewers too as an acknowledgement on part of the journal. This in itself will be a huge step, recognizing the participation of reviewers in improving the quality of individual manuscripts in particular and in development of the journal in general.

Some personal acknowledgements are in order too. I would like to express my gratitude to Dr Parag Sancheti. It's only because of his support and encouragement that this dream has been realized. As a pioneer in the field or research in both orthopaedics and rehabilitation, I am sure JOR will count as his land mark achievements. The support from the editorial board was very solid and the team spirit will take JOR much ahead in future. Finally I would like to thank my wife and my family for allowing me to uphold other responsibilities and concentrate on JOR.

Even before its launch JOR has created a lot of interest and we are already processing submissions for our next issue. The most important challenge now will be regular and timely publications of each issue. This will help us get recognized by the major indexing bodies very soon. We would also like to know your opinion regarding the first issue, and all are welcome to write 'letters to editor', pointing out our errors, guiding us to improve our performance and comment to the authors on the scientific content.

With this I leave you to enjoy the volume 1, issue 1 of the Journal of Orthopaedics and Rehabilitation.

**Dr Ashok Shyam**

Editor-in-Chief, JOR.

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